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Tuberculosis in Kansas

Recently, cases of tuberculosis (TB) have been reported in Wyandotte and Johnson Counties, however, the current risk of a TB outbreak in Cowley County is very low.

The Health Department regularly tests more than 800 people each year for TB, and cases are extremely rare within the county. Any cases that are identified are treated prior to any widespread contagion.

The following are recommendations for residents of Cowley County to prevent illness:

- Avoid any close contact with individuals with active TB.
- Cover your mouth when coughing or sneezing.
- Wash your hands regularly.
- Get tested if you are concerned about potential exposure.
- Get plenty of rest and eat a nutritious diet to keep your immune system in good working order.

For those concerned about their own potential exposure to TB, contact the Health Department to schedule a TB test for a fee. For more information about TB, visit <u>www.cdc.gov/tb.</u>

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