



PUBLIC HEALTH UPDATE

What's New in Public Health?

NATIONAL PUBLIC HEALTH WEEK

Next week is National Public Health Week, and we'll be highlighting the ways we work hard to help you stay well!

Plus, over in our mobile app, we'll be hosting **TRIVIA!** Each day we'll post a trivia question - get it right and you'll be entered to win a **\$20 GIFT CARD!**

Download our mobile app today! Just search for Cowley County in the Google Play or Apple store. Make sure to keep those notifications turned on and don't miss out!

SEVERE WEATHER PREPAREDNESS

It's April, which means Severe Weather Season has begun! NOW is the best time to prepare!

BE INFORMED Know about the risks in your area & keep up with your local weather forecasts.

MAKE A PLAN Be sure to include important contact information, evacuation routes, & shelters.

BUILD A KIT Include essentials like food, water, flashlights, important documents, and prescriptions. Visit [Ready.gov/Kit](https://www.ready.gov/kit) for more ideas on what to include.

TAKE ACTION Increase your level of preparedness by practicing your plans & taking CPR/first aid classes courses.

Visit [Ready.gov](https://www.ready.gov) and start preparing today!

DOG BITE PREVENTION WEEK

With the coming of spring, more people are heading outside, which means more dog bites! While the risk of rabies is low amongst domesticated animals, you should still be cautious! Check our tips below:

STAY AWAY!

The best way to prevent rabies is to avoid it entirely! So, keep your distance from any unfamiliar animals.

CALL THE PROFESSIONALS

Animal control officers are better equipped to handle the situation, so don't hesitate to call!

CONTACT YOUR HEALTHCARE PROVIDER

If you think exposure has occurred, then contact your healthcare provider who can recommend the next steps to take, including post-exposure prophylaxis (PEP).

NATIONAL PUBLIC HEALTH WEEK

MOBILE APP CONTEST

ANSWER TRIVIA

WIN PRIZES!

MONDAY IMMUNIZATIONS

TUESDAY REPRODUCTIVE HEALTH

WEDNESDAY WIC & NUTRITION

THURSDAY MATERNAL & CHILD HEALTH

FRIDAY PREPAREDNESS



Health and Safety Fair
Cowley County



HEALTH & SAFETY FAIR

Cowley County's annual Health & Safety Fair will be here soon! With over 40 participating organizations, there will be plenty to see and much to do! Plus, we'll be featuring some new attractions & freebies!

Be sure to follow the Facebook page for event updates: [Facebook.com/CowleyCountyHealthFair](https://www.facebook.com/CowleyCountyHealthFair)

See below for all the event details:
Saturday, May 17th, 9:00am to 12:00pm
Winfield Fairgrounds, Barn 4
1105 W 9th Ave

WEEK OF THE YOUNG CHILD

Next week is also the **Week of the Young Child**.

Alongside our community partners like REACH and the K-State Extension Office, we'll be highlighting the programs available in our community to meet the needs of young children.

Check out our social media pages to learn more!