

# PUBLIC HEALTH UPDATE

# WHAT'S NEW IN PUBLIC HEALTH?

# NATIONAL PREPAREDNESS MONTH

National Preparedness Month begins next week and all month long we will be highlighting the steps you should take to prepare for disaster.

Preparedness begins with 4 vital steps.

#### Be Informed

Learn what disasters can strike in your area and stay in the know with your local forecast. Make sure you know how your community sends emergency alerts & warnings.

#### Make a Plan

When creating your plan, take into account important factors like communications, sheltering, & evacuation. Get the whole family involved in the planning process and be sure to include your household's specific needs!

#### Build a Kit

Your emergency kit should include necessities like water, non-perishable foods, a weather radio, flashlights, & a first aid kit.

Be sure to include additional items that might be specific to your household like prescriptions, baby supplies, & pet food.

#### Take Action

Be proactive! Practicing your plans, learning new skills like CPR, and getting involved in your community can all help you prepare for disaster.

Follow us on Facebook in September for more preparedness tips & visit **ready.gov** to start preparing today!

## WORLD PHOTO DAY CONTEST

Our World Photo Day Contest closes next weekend, but there's still time for you to participate!

Send us your best snaps from around Cowley County & you could win a prize! Plus, your photo will be featured on the cover of our annual report & in our mobile app!

The contest ends on August 30th & the winner will be announced on September 3rd.

Use the link below to submit your pics: survey.alchemer.com/s3/6981960/Mobile-App-Photo-Submission



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### WORLD WATER WEEK

Next week is World Water Week, and it's important to remember that water quality is a cornerstone of good health!

That's why your Health Department works every day to protect the water resources of our county through our Environmental Health Program.

Some of the key services we provided through this program include:

- Wastewater system inspection & construction permits
- Private well water testing
- Floodplain development
- · And more!

If you are interested in these services or would like more information, give us a call today!

# LABOR DAY CLOSURE

Both locations of the Health Department will be closed on Monday, September 2nd in observance of Labor Day.

Regular business hours will resume on Tuesday, September 3rd.